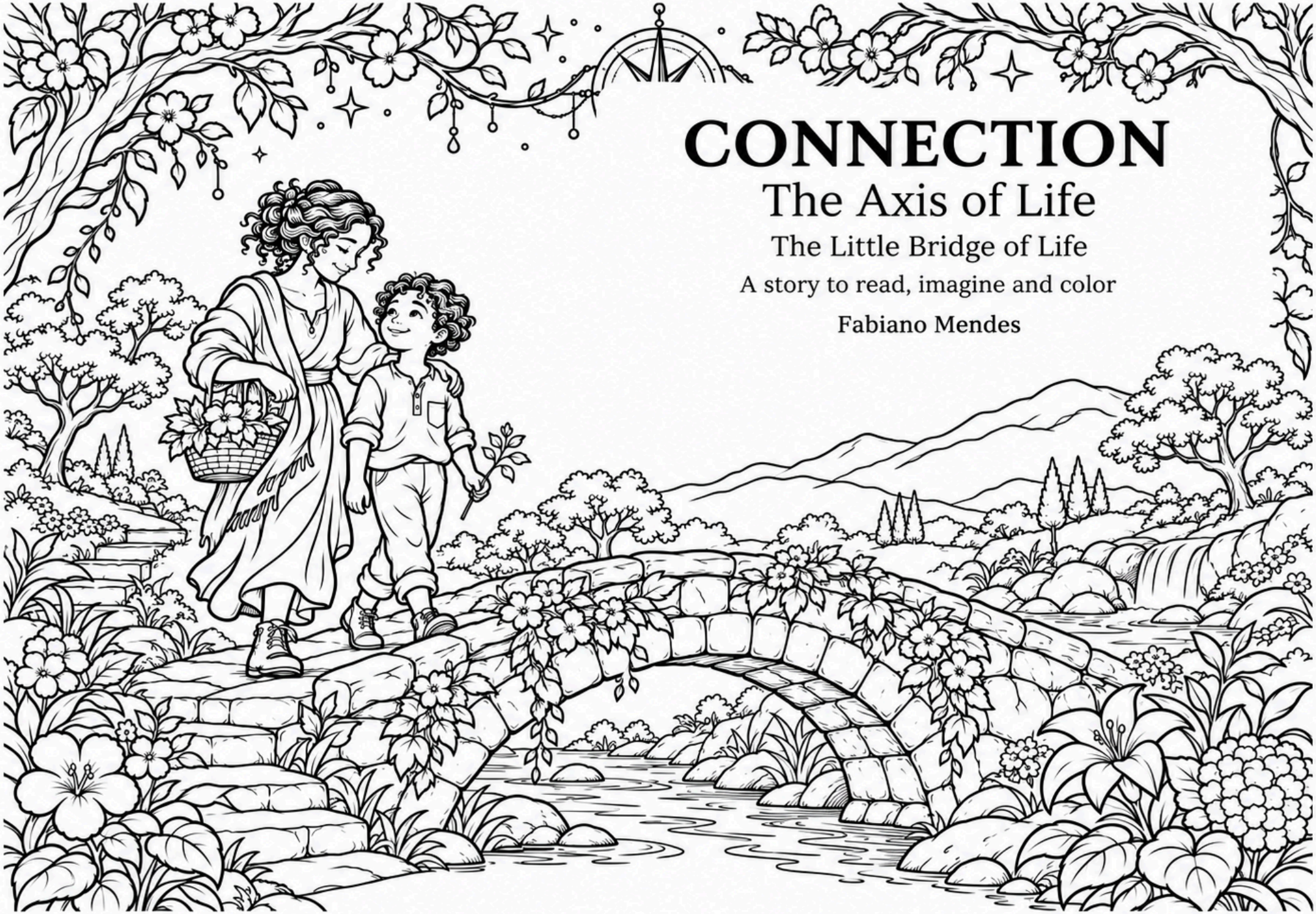
CONNECTION
The Axis of Life
The Little Bridge of Life
A story to read, imagine and color
Fabiano Mendes

A place to keep exploring

The O MÉTODO EU website brings together Fabiano Mendes’s books, readings on self-knowledge, family and choices, and articles that connect research with everyday life. Find book previews and meet the author. Visit ometodoeu.com.br with a grown-up.



BOOKS AND PREVIEWS

Explore the family of books.

RESEARCH AND REFLECTIONS

Mind, relationships and daily choices.

MEET THE AUTHOR

Discover Fabiano Mendes’s work.

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Books, questions and ways to keep exploring as a family.

COLOR AND TALK TOGETHER

Coloring idea: Draw a small compass near the entrance.

Talk about it: For grown-ups: choose a family reading together.

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The light of arrival

Before Caio knew words, he knew an embrace. His mother welcomed him with care. Nature around them whispered that every arrival holds possibility.



COLOR AND TALK TOGETHER

Coloring idea: Color the flowers near the baby; keep the blanket light.

Talk about it: Who welcomed you when you were small?

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The first roots

Caio learned to look, touch and call out. His mother showed him faces, voices and little gestures. Every meeting helped shape his first memories.



COLOR AND TALK TOGETHER

Coloring idea: Color the leaves and the path behind the family.

Talk about it: What makes you feel cared for?

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The childhood garden

Years later, Caio ran through the garden. He found gates, stones and fresh questions. When he felt afraid, he reached for a trusted hand.



COLOR AND TALK TOGETHER

Coloring idea: Color the gate and invent flowers along its edges.

Talk about it: Who helps you when you need support?

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